


N.O.W

NOW – New Opportunities for Women is a transnational network from the UK, Cyprus, Ireland, Greece, France, Spain, Iceland and Portugal. Our focus is to develop a mentoring and training programme that will support all women, especially migrant women, to develop the confidence and skills needed to achieve their aspirations. A key element of this project is to consider ‘leadership’ in its widest sense. We will gain insight from female leaders but also consider concepts such as thinking of leadership as a soft skill which is essential if women are to be confident, assertive and take ownership of their personal and professional development and pro-actively seek out opportunities.

We’ve reached halfway!

Time flies when you’re in good company: NOW is halfway through the project! Our first intellectual output is ready to launch – sixteen inspiring female leader and migrant leader video stories together with helpful FAQs! These will be launched via our MOOC and LinkedIn community of practice platform. Partners are translating the MOOC contents into 6 languages as well as working on the training and mentoring programme content.

The NOW partnership is formed by eight expert entities, well-known for their know-how, each is contributing to achieve excellent results that will be suitable and relevant to females around the globe. Do join our social media to keep updated.



Support and Inspiration
Who inspires you and why?

Julia, Greece
The inspirations can be combined with everything that you ever wanted to succeed or to be.

Inés, Spain
My mom, for example, she had only the elementary studies when she left Portugal and she decided to come to Spain to study the Masters, she said: "I'm going to study to give me the Secondary level, while you're studying business. We are going to graduate at the same time!" That's what happened.

Margareta, Spain
The ones who inspire me the most are precisely the people who preceded me in everything! Ah, they are people I have paid close attention to and continue to pay close attention to. Many times, I wonder when I have to make a decision, and I ask myself: What would this person do in my situation?

Christine, Portugal
My mom was an extra source of inspiration as a woman because she was co-owner of a company that was in a predominantly male industry. There were times during business meetings with globally recognized companies that they would want to exclude her from meetings because she was not a man. She and my father refused saying she was an equal partner and she was to remain.

Rosanna, Ireland
My mom inspired me. Now that she's a mom, I realize what she was talking about back then, the lessons she taught me. You know, you can face anything when it comes to adversity. You are strong enough to be able to deal with it. Everything I do in my life goes back to her. So, she's the best inspiration in my life and she really inspires me. She makes me strong.

Archola
And it was like starting over, learning a new language, making all kinds of mistakes, and I was lost.

Kasia O Reilly
I invested a lot of my personal savings in order to launch my skincare collection.

Mafa Adestani
But now, having persisted and learned.

Together, we'll beat Covid19!

The unexpected and disruptive virus has changed everyone’s game. That’s why, the NOW partnership is grateful to keep working together during this challenging time.

Despite not being able to meet, the partnership has managed to develop close bonds and work efficiently and sensitively throughout. Regular virtual meetings as well as fluent, honest, communication are key. Finding ways to collaborate virtually has also meant that we have all had to boost our digital skills and be creative about how we collaborate. Our hearts beat at the same time even when we belong to different time zones!