

## N.O.W

NOW – New Opportunities for Women is a transnational network from the UK, Cyprus, Ireland, Greece, France, Spain, Iceland, and Portugal.

Our focus is to develop a mentoring and training programme that will support all women, especially migrant women, to develop the confidence and skills needed to achieve their aspirations.

This project not only focuses on women but also aims to provide men with knowledge and skills that they can use to support women.

A key element of this project is to consider 'leadership' in its widest sense., for example thinking of leadership as an essential soft skill which promotes confidence, assertiveness and taking ownership of one's personal and professional development and to pro-actively seek out opportunities.

## Piloting and Improving

Starting April 2021, project partners launched a pilot of the NOW programme in their countries. 8 partners so that's 8 EU countries plus the UK.

Through our pilot we have improved the mentoring skills of trainers at local, regional, and even national levels, preparing them to build and increase the leadership skills on migrant females. These migrant females are also being trained using the MOOC contents already available on the project website. 48 mentors will be trained, and 24 migrant women will be mentored. Feedback will help us to improve the contents of the NOW programme.



Photo by [Lagos Techie](#) on [Unsplash](#)

## Keep being inspired: Join the Community of Practice and our MOOC!

The 8 NOW partners have co-designed a free range of materials and resources that will support all women and migrant women in particular. We have also launched our Community of Practice (CoP) via LinkedIn, her experts from across the 8 countries will share their views and provide tools and techniques. Both our MOOC and CoP enables us to continue our work long after the project Lifecycle but also ensures that we reach as wide an audience as possible

Interested? Check us out here:

MOOC - <http://nowmooc.eu/>

NOW LinkedIn CoP - <https://www.linkedin.com/company/now-eu>